

SAN MATEO



LOCAL AGENCY FORMATION COMMISSION

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March 13, 2019

To: LAFCo Commissioners
From: Martha Poyatos, Executive Officer *M. Poyatos*
Subject: Update from Peninsula and Sequoia Health Care Districts

In September of 2017, the Commission accepted the Municipal Service Review of Peninsula Health Care District and Sequoia Healthcare District prepared by Harvey M. Rose Associates. Action included adopting determinations and reaffirming the districts' spheres of influence with a provision that the LAFCo and the Districts engage the County of San Mateo and affected cities to pursue expanding the boundaries of both districts to include underserved areas.

While there have been intermittent staff level discussions, there has not been formal outreach by LAFCo staff to the District boards, the County or effected cities. Staff will begin form formal discussions in the coming months.

In the meantime, attached are updates from the Districts including a summary of services provided to the medically underserved.

Attachments

- A. Update from Peninsula Health Care District
- B. Update from Sequoia Healthcare District

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UPDATE ON DISTRICT ACTIVITIES SINCE MSR
Presented to the Local Agency Formation Commission
March 20, 2019

The Peninsula Health Care District's (PHCD) MSR process was initiated in August 2016 with the report and recommendations finalized by the Commission's acceptance September 20, 2017. Since then, PHCD's programs and outreach have continued and expanded with a focus on increasing services to residents outside of PHCD's boundaries in direct response to the request by the Commission.

PHCD Community Health Investment Activities

PHCD community benefit activities can be divided into three major categories:

1. Owning and operating health facilities
2. Addressing gaps in needed services through Special Funding Initiatives
3. Conducting an annual Community Grants Program

What follows is a brief review of examples for each activity with a focus on the period between 2017- today.

PHCD FACILITIES:

A. Sonrisas Dental Health, Inc., 430 N. El Camino, San Mateo & 210 San Mateo Road, Half Moon Bay: Sonrisas Centers are non-profit community clinics that serve all ages, all those with mobility and cognitive challenges, and do so irrespective of insurance status. Sonrisas also provides outreach to senior residential facilities, schools and, through its mobile program and a contract with the County, direct care in Pescadero to farmworkers and their families. The San Mateo Center is in a PHCD owned building and serves as the corporate business hub for both, as well as, staffs and dispatches the mobile and outreach programs throughout the County.

Sonrisas is a separate corporation from PHCD; however, in August 2017, the PHCD Board stepped in to save both Centers when the previous Minnesota leadership announced that after only 2 years of operations they were closing the facilities. PHCD now appoints four of the seven Board seats, continues to be the primary funder (Averaging \$900,000/year for uncompensated care.) and provides the consulting services of its CEO and CFO via a Management Services Agreement.

Patients come from throughout the County and beyond because Sonrisas takes Denti-Cal and does so with a far shorter waiting time than the County's FQHC facilities can handle – i.e. Sonrisas within a month vs. County's wait of 7-12 months for access to basic services. Of note, the mission of both Sonrisas and PHCD is 'access to basic care for all'. To that end, Sonrisas has been in negotiations with the County health CFO for a year and a half to establish a provider contract arrangement to open Sonrisas San Mateo Center's capacity to County FQHC patients on that waiting list.

The San Mateo Center serves approximately 50% PHCD residents, 40% County residents outside of PHCD and 10% out of the County. The Half Moon Bay Center's patients are 100% Coastside residents.

Since July 2017 through December 2018, Sonrisas has provided 16,710 dental visits of which 69% were Denti-Cal, Farmworkers, and Uninsured sliding scale patients.

B. The Trousdale Wellness Center, 1875 Trousdale, Burlingame: On July 9, 2018, PHCD opened this Wellness Center to provide exercise and health education programs to all, 18 years and older, with a special focus on healthy aging, preventative fitness and wellness classes. The Center teaches healthy living self-management skills and provides amenities to foster a socialization gathering place for seniors to promote "connected-aging" which has been empirically documented to contribute to quality of life in later years. The building is owned by PHCD and the opportunity to launch this program arose when the prior tenant of nine years terminated their lease. PHCD invested in this as a pilot or model for what has been included in the planning for the District's future 6-acre development where the previous Peninsula Hospital had been. Membership is at 214 and classes – Seniors in Motion, Tai Chi, Yoga, Balance and Fall Prevention - are regularly at capacity. While open to all, most clients are from within the District.

C. The Trousdale Assisted Living/Memory Care Community, 1600 Trousdale, Burlingame: A facility built and owned by PHCD and operated by our partner, Eskaton, a non-profit organization with more than 50 years' experience in all levels of senior housing. The Trousdale was licensed on December 21, 2018, admitted its first resident on December 26th and as of March 12th, there are 69 residents (53 assisted living and 16 memory care). All residents to date are from San Mateo County. PHCD is committed to offering 10 Below Market Rate units at opening and during stabilization in the first 12-24 months. The Board's plan has been since inception and continues to be to expand the number and amount of discount once stabilized.

SPECIAL INITIATIVES - ADDRESSING GAPS IN NEEDED SERVICES:

A. Teen Mental Health 3-year Pilot with San Mateo Union High School District (SMUHSD): Launched in 2017, this program was a collaborative effort brought to reality by PHCD's leadership, facilitation, funding and partnership with Stanford's Center for Youth and Mental

Health Well-Being leadership team. SMUHSD serves eight high schools which have a diverse 8,500 student population. PHCD's support covered licensed staff, programs and Stanford consulting to assist SMUHSD in consolidating and coordinating all counseling and behavior health services throughout their schools and collecting data to identify opportunities to evolve services for improved outcomes.

B. Assessing Behavioral Health Issues at K-8 levels: Given findings during the high school pilot above and given PHCD's awareness of the growing behavioral health challenges faced by administrators and teachers in the elementary schools, PHCD engaged Stanford's Gardner Center Research team to do a retrospective review of school records of the current and recently graduated students in PHCD school districts to look for patterns and indicators that could be used to develop actionable interventions to assist student transitions from elementary to middle to high school. This project will sample students across the socioeconomic demographics of PHCD.

C. SF Hep B Free Bay Area- Expansion Program

In 2017, PHCD was a founding partner in bringing the SF Hep B Free program expansion into San Mateo County. The San Mateo program focuses on the northern San Mateo County due to the number of high-risk residents in the Daly City and South San Francisco areas. The purpose of this initiative is to raise awareness about the risks of Hepatitis B, screen high-risk populations, and educate physicians. PHCD has provided office space and event support for the launching press conference, educational programs and screenings. Of note, a Burlingame screening in 2018 was held using both PHCD buildings at 1819 and 1875 Trousdale for a Saturday/Sunday event that screened more than 300 residents from throughout the County.

D. San Mateo County Oral Health Strategic Plan Implementation:

From 2017-2019, PHCD joined Sequoia Healthcare District and County Health to fund two County positions tasked at coordinating the implementation of the San Mateo County Oral Health Strategic Plan. The Strategic Plan focuses on increasing access to dental services and oral health education for at-risk populations, increasing awareness of the importance of good oral health to an individual's overall health, building oral health provider capacity, and establishing infrastructure, staffing, funding, and surveillance. PHCD sits on the Oral Health Coalition Core Team as a funder and to ensure that the Sonrisas Dental Health Centers are integrated providers in carrying out the plan. This PHCD support of funding and time is another example of serving the needs of the most vulnerable within and outside of the PHCD boundaries.

3. COMMUNITY GRANTS PROGRAM:

This program awards operating grants to non-profit health service providers that serve PHCD residents and beyond. The Board establishes annual health priorities to guide the grant process and the Community Health Investment Committee of the Board (2 Directors, 7 citizens-at-large) makes recommendations to the Board. Over the last two years, \$3M has gone to 50 different

community partners. Below are just three examples of grants that serve residents beyond the PHCD boundaries.

A. First 5 San Mateo County- Help Me Grow Call Center:

In 2018, PHCD partnered with First 5 of San Mateo County to launch a County-wide Help Me Grow Call Center, a centralized telephone access point to support families with questions or concerns about their child's development. This is a collective impact effort and funding from PHCD is being used to launch the service which will serve residents throughout San Mateo County.

B. San Mateo County Office of Education- School Climate Program

In 2016 and again in 2017, PHCD funded a train-the-trainer school climate program through a partnership with San Mateo County Office of Education (SMCOE). The program focused on training school staff and administrators in the areas of restorative justice, dimensions of gender, and threat assessment. The SMCOE leveraged funding from PHCD and secured grants from other agencies, enabling them to expand the program outside of PHCD boundaries to Jefferson Elementary and Jefferson Union High School Districts which serve the students in Daly City, South San Francisco, and Pacifica.

C. San Mateo County Health Foundation- Watch Me Grow

In 2019, PHCD has partnered with San Mateo County Health Foundation and San Mateo Medical Center to fund the Watch Me Grow program which provides social and developmental screenings to pediatric patients from 0 to 3 that would otherwise not be screened. Watch Me Grow staff are in five clinics throughout San Mateo Medical Center's service area including clinics in South San Francisco, Daly City and Coastsides. PHCD's funding is to support the Care Coordinator staff within the clinics.

In summary, PHCD makes every effort to stay in touch with and serve the health priorities and needs of our constituents; however, never with a blind eye to the areas of need throughout the County. We hope you find this summary and the examples shared as being demonstrative of PHCD's responsiveness to the Commission's MSR recommendation.



FOR YOUR HEALTH

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Update On District Activities since MSR September 17, 2017 Update provided to LAFCo March 13, 2019

Resolution 1220 Adopted 9-22-2017 recommended that the Districts and LAFCo staff pursue with the County and cities the feasibility of expanding boundaries of the Districts to include medically underserved areas currently excluded from health care district boundaries. However at this point, current law only allows Sequoia Healthcare District to provide services to residents of the district.

Sequoia Healthcare District supports services to the most vulnerable and medically underserved residents of our District in many ways, some of which are listed below. Many of the programs and facilities we support, such as the Ravenswood Clinic, are located outside the District's territorial limits but serve a substantial number of District residents, and our support is aligned to this level of service.

Since our mission is to improve the health of all District residents, we also support many programs that are not directed specifically to the most under-served or most vulnerable residents but may include them. For example:

- Our 70 Strong Resource Directory is aimed at keeping older adults active and engaged in the community as they age. This program benefits all older adults, regardless of economic status.
- Since 2010, our Healthy Schools Initiative, the largest of our programs, has supported the physical and emotional health of over 28,000 students and their families annually who attend the 8 public school districts in our area.
- We are the main funder of the Samaritan House Free Medical Clinic which provides care to uninsured adults whom no other means of obtaining or paying for care is available.
- Our annual Community Grants program provides \$2.4 million dollars to more than 50 non-profits each year that address a variety of health needs and collectively serve more than 30,000 District residents of all ages and ethnicities.

Altogether, our grants and programs directly benefit 60,000 residents per year, or about one out of every 4.5 residents. We are proud of our success at serving the tens of thousands of District residents who have come to rely on us and our partners.